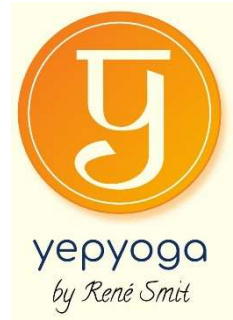


Student disclaimer /waiver of liability



Name _____

Adres _____

Birth date _____

I, hereby agree to the following:

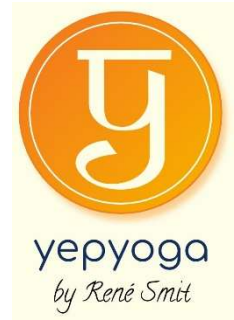
- Yoga is not a substitute for medical attention, examination, diagnosis or treatment. **Yoga is not recommended and is not safe under certain medical conditions**
- I represent and warrant that **I am physically fit and I have no medical condition**, which would prevent my full participation in these yoga classes, health programmes or workshops.
- I understand that it is **my** responsibility to consult a physician prior to and regarding my participation.
- I understand that it is **my** responsibility to express any circumstances which will limit my practice.
- I recognize that exercise requires physical exertion, which may be strenuous and may cause physical injury, and **I am fully aware of the risks and hazards involved.**
- If I am **pregnant** I understand that I participate fully at my own risk and that of my unborn child/children.
- The instructor may **physically adjust** students' form and posture or give assistance. If I do not want to be touched ((any)more), I can express that wish at any moment without giving further explanation.
- I take full and sole responsibility from any liability of loss or damage to **personal property.**
- I know, due to the international scope of the activities of the instructor, that there is **no liability insurance** which will cover any injuries or damages.
- **I agree to assume full responsibility for any risks, injuries or damages** which I might incur as a result of participating.
- **I knowingly, voluntarily, expressly and irrevocably release and waive any claim** I may have against my instructor or substitute teacher for injury or damages that I may sustain as a result of participating in these programmes.

Name _____

Date _____

Signature _____

Student disclaimer /waiver of liability



Name _____

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